

Relais Panoramico



Ristorante Camere e Appartamenti nel Verde Parco - Piscina - Tennis



Passaggio di Bettona - Perugia - Italia



#### Dear Guests,

Welcome at Poggio degli Olivi!!!!

Wishing you a nice stay, we are happy to introduce Il Poggio degli Olivi, highlighting the services and the facilities offered by the hotel and suggesting all that is beautiful and interesting in the surrounding area.

We remain at your disposal at reception desk during your stay with us

Mannelli Family





### The Relais

In the main building you will find the seventeenth-century farmhouse within which the Reception, the Osteria and the Breakfast Room are located.

In the external areas adjacent to the main farmhouse you will find the new infinity pool with a view of Assisi with salt water, 4 hydromassage stations, foot massage and sensory garden and the multipurpose tennis and soccer field.

In front of the restaurant there are two farmhouses where the 12 Classic and Superior Rooms are located, while the 15 Apartments (with barbecue available) are 500 meters away and can also be reached on foot by a small path that crosses the woods.

Many other paths then connect the different areas of the structure which in its 60 hectares of olive groves and woods offers an unforgettable view over the Umbrian valley, starting from the hills on which Perugia stands, and ranging up to Assisi and Spello, lying on the slopes of Mount Subasio.

Wi-Fi available free of charge in the rooms, apartments and in all external and internal common areas with the following access credentials:



Wi-Fi name: POGGIO WIFI Password: poggiodegliolivi

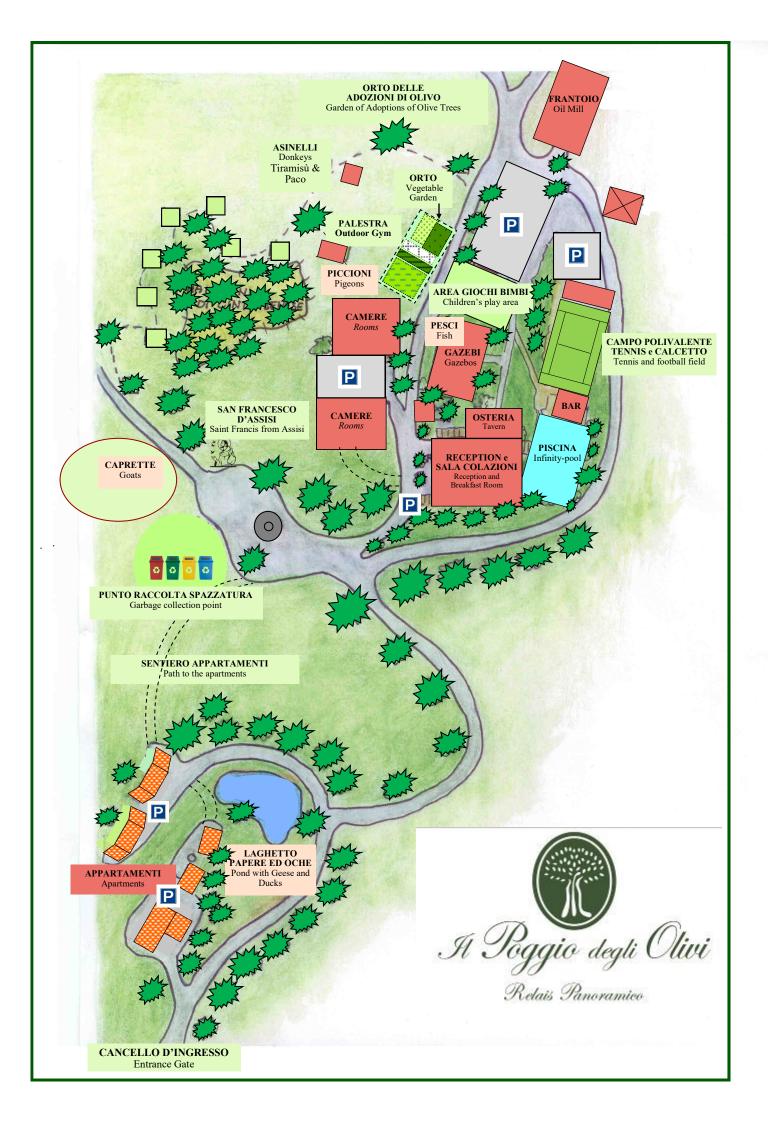
#### HOTEL TIMETABLE:

- Reception 8,00 a.m. -7,00 p.m. - Colazione 8,00-10,00 a.m.

- Tavern 7,30 - 9,00 p.m. + saturday and sunday lunch 12,30 - 2,00 p.m.

- Check in 3,00 - 7,00 p.m.

- Check out 10,30





## Our Tavern "Di Vin Porcello"



The Di Vin Porcello tavern offers Umbrian cuisine revisited by our chef *Stefano* who pays particular attention to the products used, coming from this land rich in history and culinary tradition.

Our osteria allows you to savor wonderful dishes to rediscover the Umbrian tradition, offers meats, vegetables from the garden and Cinta Senese cured meats from the small farm in the wild located within the estate ... all in the name of good food and good drink in front of a lovely terrace with stunning views!





Many of the raw materials used are produced directly on our farm (Extra Virgin Olive Oil, Cinta Senese Cured Meats, Vegetables, Honey ....)

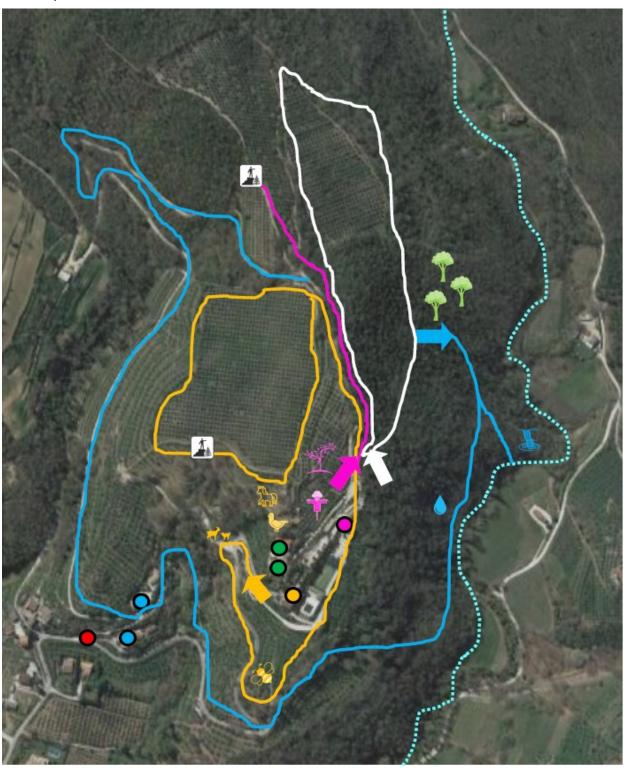
All this is accompanied by an excellent wine list that has more than 100 Italian and other labels, carefully selected by our sommelier Giulio who you will find available for any advice on the best combinations with our dishes!

Opening hours: 7.30-9.30 p.m. (Saturday and Sunday also for lunch 12.30-2.00 p.m.)

To reserve a table you can contact us at the reception or at +39 075-9869023



Inside our estate you will have the opportunity to go for pleasant walks surrounded by nature with paths for all tastes: from the shorter paths ideal to go with the little ones in search of our animals, to longer routes for lovers of trekking in close contact with nature! For more information and to receive the detailed map to take with you, you can contact the reception!











# Not far from the rooms you can train in our Open Air Gym!



# And for walking and cycling lovers ... 100x100 Outdoor Bettona Active Park!









Suggestive route starting from Poggio degli Olivi: scan the QR code to be guided on your walk or bike to discover paths surrounded by nature!

Our trails are suitable for everyone (experts, amateurs and cyclists) and are characterized by wild nature and thick vegetation, shaded and rich in water. There is also a guide service that will lead you in a safe and engaging way.





## Our Oil Mill

The Relais offer also an **Olive Oil Mill** that allows the production of 11 different types of extra virgin olive oil with the olives harvested within the property. The mill is in operation during the milling period which runs from mid-October to the first days of December. Our proposals related to the ancient processing of olives are divided into harvesting activities, tastings, visits to the oil mill.

The olive harvest takes place before the olive reaches full ripeness and is carried out through the traditional "brucatura" (manual harvesting with rakes). The olive remains in the boxes for a short time and great care is taken to send the harvest immediately to the mill to maintain freshness and integrity and to transfer these important qualities to the final product.

During the period of October it is possible to participate in the olive harvest and then attend the milling and production of oil within the same day. There will also be a taste of the delicious freshly squeezed product! It is a taste experience that will remain in the memory!

Guided visits to the oil mill with explanations of the various stages of processing can be made by reservation only during the milling period, of course, when the mill is in full swing.

The tastings that can be carried out at our restaurant on request, allow you to savor the quality produced and learn to distinguish the different types of oil produced.









We report for the month of November the OPEN MILLS event

Frantoi Aperti is an event that was created to promote the culture of extra virgin olive oil in combination with traditional food products and in close connection with the territory, representing an appointment for all lovers of good food. The event is presented as an itinerary along the paths of olive growing and its protagonists in Umbria, represented by the Umbria PDO Oil Road which works to give tourists a quality experience. Frantoi Aperti is a journey that combines taste, art and culture, in the nature of the Green Heart of Italy. With the collaboration of the regional museum system, with guided tours of the museums open specifically for the event, of the catering and agritourism trade associations, with "oil sommeliers" and specially characterized menus, to offer a unique emotional experience. It is an opportunity to share and learn about olive cultivation methods, the characteristics of the different cultivars, the countless expressions of the oils, the tasting techniques and the pairing with foods among the olive trees of Umbria.



## Our Typical Products...

Typical products are the most beautiful souvenir to frame a holiday and to take home the scents and flavors of the recently visited area. Whether it's a gift to bring back to your friends or relatives returning from vacation .. Or, why not, a simple gift just for yourself, as a souvenir of your stay in Umbria, here is our selection of products:







#### Extra Virgin Olive Oil:

Monocultivar oil of <b>Moraiolo</b> 0,50 lt		€ 23,00 / each
Monocultivar oil of Ascolana 0,50 lt		€ 25,00 / each
Monocultivar oil Nostrale di Rigali 0,50 l	lt	€ 23,00 / each
Organic Extra Virgin Olive Oil 0,50 lt		€ 17,50 / each
"Dodo" Organic Extra Virgin Olive Oil for	Children 0.25 lt	€ 12,00 / each
"Mosto d'Oliva" Extra Virgin Olive Oil 0.50 lt		€ 22,00 / each
Organic Extra Virgin Olive Oil DOP Umbria Colli Martani 0.50 lt		€ 18,00 / each
Classic Extra Virgin Olive Oil:		
	- Bottle 0.50 lt	€ 16,00 / each
	- Bag in Box 3 lt	€ 48,00 / each
	- Bag in Box 5 lt	€ 80,00 / each

#### Olive Patè:

<b>Green Olive</b> Paté (190 gr jar)	€ 5,00 / each
Black Olive Paté (190 gr jar)	€ 5,00 / each

#### Chocolate with Extra Virgin Olive Oil:

Ciockoliva (Hazelnuts 22%) 250 gr jar	€ 6,50 / each
Ciockcacao (Intense Cocoa 22%) 250 gr jar	€ 8,00 / each
Pistaciock (Pistachios 35%) 250 gr jar	€ 12,00 / each

#### Miele Millefiori

Millefiori Honey 500gr	€ 10,00 / each
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# Our Typical Products...

#### WINE AND LIQUORS

White Wine IGP Umbria "Mannelli" 0.75 lt (pinot grigio and vermentino) € 12,00

Red Wine IGP Umbria "Mannelli" 0.75 It (sangiovese and merlot)

€ 15,00

"Folium Olivae"

Lovely Bitter based on olive leaves and citrus fruits 0.70 lt 30% vol

€ 20,00





#### **LEGUMES**

•	Umbrian <b>Lentils</b> 400gr	€ 4.00
•	Umbrian <b>Chickpeas</b> 400gr	€ 4.00
	CEREALS	
•	Umbrian <b>Spelt</b> 400gr	€ 3.00
	SOUPS	
•	Legumes and Cereals Umbrian <b>Soup</b> 400gr	€ 4.00



New: Olive Oil Cosmetics

#### What is "OIL-THERAPY"?!

Olive oil is rich in fatty acids, vitamin E, vitamin A and D, which is why cosmetics discover olive oil also for external skin care. Olive oil provides nourishment by acidifying the skin, and does not increase sebum production. The monounsaturated fatty acids present in olive oil restore the composition of the hydrolipidic film (skin protector), promoting cell renewal of the epidermis. Vitamin E counteracts the aging of cells caused by free radicals, vitamin A prevents dryness of the mucous membranes and vitamin D allows a good intake of calcium.



#### Olive Oil Cosmetics

•	VEGETABLE SOAP WITH OLIVE OIL 100GR	€ 4,50
•	BATH AND SHOWER WITH OLIVE OIL 250ML	€ 12,00
•	DELICATE SHAMPOO WITH OLIVE OIL 250ML	€ 12,00
•	MOISTURIZING FACE CREAM WITH OLIVE OIL 50ML	€ 15,00
•	MOISTURIZING BODY CREAM WITH OLIVE OIL 250ML	€ 18.00



## The Surrounding ...







(Assisi)

## Art City...

One of the aspects certainly characterizing the region of Umbria is the high presence of splendid medieval villages and charming towns. The Umbrian territory, inhabited since the eighth century BC, retains significant traces of the populations that, in these places, have followed one another over the course of history. The testimonies of the Etruscans, Romans and Lombards take on particular historical and artistic value.



(Perugia)

An overview of the most interesting centers certainly includes Perugia, the regional capital with a wide view of the Tiber valley. Going up to Assisi, the birthplace of St. Francis, you can admire, in addition to its enchanting monuments, the white and pink stone houses of Subasio. The entrance to the Roman Spello is full of charm. Returning to the plain, after a stop in Foligno, on a hill covered with olive trees you can see the beautiful village of Trevi which dominates the plain of Spoleto. The latter, home to important cultural events, preserves Roman, medieval and Renaissance monuments. Other centers rich in religious monuments, works of art and public buildings of considerable historical and architectural value are: Gubbio, Orvieto, Todi, Montefalco, Bevagna, Norcia and many others .. missed...

## Bettona...



(Bettona)

Bettona is the only Etruscan settlement in the Umbrian territory, that is, beyond the Tiber. Its foundation dates back to the VIII-VII century. B.C.. Later it became a Roman municipium with the name of Vettona. Despite Assisi, Spello, but also boasted of having given birth to the Roman poet Propertius Sesto Aurelius (50 BC-5 AD), is likely to be original instead of Vettona, whereas he himself declare his Etruscan descent, while both Spello that were Umbria Assisi, and not Etruscan. His evangelization took place rather early, dating to the first century. A.D. by S. Crispolto, the first bishop, then martyred.

After the devastation Gothic, suffered the Byzantine and Lombard.

Free commune since the twelfth century., Before he submitted to Assisi, then was conquered in 1352, after a long siege, from Perugia.

The Cardinal Albornoz, to whom we also owe the current wall, rebuilt 15 years later, in 1367 In later came under the Baglioni of Perugia from 1648 and was part of the Papal States.

They are to be admired, above all, the mighty Etruscan walls (VI sec. B.C.), still intact for long stretches of the wall, overlapping those medieval partially engulfed by later buildings.

At the entrance of the town's main square, Piazza Cavour, on the right along the Podesta's Palace, built in 1371, which is home to the Pinacoteca Comunale. In 1987 there were 19 paintings stolen, then recovered in 1991 in Jamaica. Among the most important paintings, "S. Antonio Abate "(1512) and" Madonna with Saints. Mauro and Jerome "Perugino's" Madonna and Saints "by Dono Doni (1546); its also a "Nativity" and "Adoration with St. Crispolto", containing a view of the city from the Convent of San Antonio; also a fresco by Fiorenzo di Lorenzo, "S. Michael the Archangel ", a statue of St. Anthony of Luca della Robbia, two paintings from the workshop of De Ribera. On the left side of the square there is the Church of S. Maria Maggiore, built in the XIII century and reno-



(Pinacoteca of Bettona)

(Villa Boccaglione, Passaggio di Bettona)

vated in the seventeenth century, with a façade remained unfinished.

It contained several paintings, now waiting for a new place and kept in the Palazzo Baglioni: a "Assumption" and a "Virgin Enthroned" by Tadeeo Gaddi, a banner of Perugino and a banner of Nicolò di Liberatore (Pupil) with a "Pietà" and on the back, a "Crucifixion".

In front of the Oratory of St. Andrew, with a wooden ceiling and a Baroque altar. In 1987, after the restoration, it was discovered a

large fresco by Giotto school with the "Passion of Christ" (1394). In the village of Colle, 2 km in the direction of Perugia, there is an interesting Etruscan Hypogeum of the second century B.C. In a large rectangular burial chamber, built of large blocks of local stone, are kept the urns. Towards the village of Bettona, in the plain, meets the beautiful lookout tower in the wars with Perugia, of the thirteenth century, the Tower of Molinaccio, very well preserved, with its crowning brackets around it. Further down the hill, on the plain you can see the large country residence of the eighteenth century, the Villa del Boccaglione, built for the family Della Penna from Piermarini. After a long period of neglect, which has left its traces, is now owned by the Ministry of Culture, with the intention of a recovery for the purpose of conferences and cultural events.



## Bettona Museum...

In the main square of Bettona, the beautiful village of Etruscan origin, is the Museum of Bettona, located in the fourteenth-century Palazzo del Podestà and the Palazzo Biancalana.

The archeology section of the museum begins the exhibition. Among the most important pieces of the collection include a magnificent marble head of Aphrodite dating from the middle imperial age. There are many Etruscan artifacts preserved: memorial stones, architectural terracotta and rare specimens of tular witness the origins of the territory.

The exhibition continues with the Art Gallery housed on the main floor of the Palace Biancalana and the fourteenth-century Palazzo del Podesta. Among the paintings, worthy of note are: St. Anthony of Padua and Our Lady of Mercy of Pietro Vannucci, known as Perugino, a stunning masterpiece of Nativity Dono Doni and two paintings by Giuseppe de Ribera called the Spaniard, representing St. Peter and St. Paul . The collection is completed with heterogeneous artifacts of considerable interest, including materials in plaster and ceramic and interesting examples of sculpture, such as the polychrome wooden crucifix attributed to Agostino di Duccio and a sculpture in glazed earthenware depicting St. Anthony Della Robbia school.



(Madonna della Misericordia, Perugino)



#### Address:

Museum of the City of Bettona - Piazza Cavour 06084 Bettona

**Contacts:** 

Telephone: 075 987347 E-mail: bettona@sistemamuseo.it - Website: www.sistemamuseo.it

Opening time:

October November December Friday and Saturday 10.30-13.00 / 14.30-17.00 // Sunday: 10.00-13.00 / 14.30-17.30 **Rates:** 

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FULL: 7.00 euros

REDUCED TO: (groups with more than 15 people and affiliated: Italian Touring Club, Italian Campers Confederation, Igers Italia, FAI) 5.00 euro

REDUCED B: (6-14 years) 2.00 euro

FREE: (up to 5 years, disabled with a companion, Icom members, licensed tourist guides, accredited newspapers) ITALIAN GUIDED TOURS: fixed cost 60.00 euros, the visit includes the 2 sections of the archaeological museum and art gallery. DURATION 1,5 - 2 hours.

GUIDED TOURS IN LANGUAGE: fixed cost 80.00 euros, the visit includes the 2 sections of the archaeological museum and art gallery. DURATION 1,5 - 2 hours.



# Torgiano...



(Torre Baglioni, Torgiano)

Built in Roman times in the heart of Umbria, nestled among the hills of olive groves and vineyards, Torgiano has today its fame to the excellent local products that have made it one of the largest and undisputed capital of Italian wine

The origins of this ancient village built in Roman times are related to the legend of Janus, the two-faced god, which was dedicated to the ancient tower called precisely "Torre di Giano". built in the thirteenth century and was erected as a symbol of Torgiano, the Torre Baglioni testifies to the ancient fortified walls. Entering the old town of Piazza Matteotti, where once you opened the door of the oven, and along Corso Vittorio Emanuele II, you will see on the left the Oratory of Mercy, who joins the Church of San Bartolomeo, built in the eighteenth century.

Continuing along Via Pasquale Tiradossi, are still visible remnants of the castle walls, you reach a large open space bordered by a pergola over the Tiber valley. Opposite the church stands the seventeenth century Palazzo Manganelli, the Palace of manufactures stubbles and the former home of the family Falcinelli. Continuing along Via di Mezzo on a gentle slope, we meet on the left the Town Hall, which comes in the forms of '900 in the cor-

ner of Piazza Baglioni. On the other side of the square the baroque Palazzo Graziani-Baglioni houses the important wine museum and preserves the main floor gallery frescoed late seventeenth century, a rich library and several rooms furnished with period furniture.

At the end of the walls that surround the palace garden, you can see the old stables, now the headquarters of Pro Loco. The Oratory of St. Anthony keeps a sixteenth century fresco depicting "Madonna with Child" and attributed to the school of Domenico Alfani, known painter from Perugia in the first half of the sixteenth century, a pupil of Raphael. And ancora..la church of Santa Maria del Castello, located behind the Palazzo Baglioni, the parallel street, and the church of Our Lady dell'Ulivello, which houses valuable paintings of the sixteenth and seventeenth centuries



(Vicolo di Torgiano)

Of particular interest is the Wine Museum, a precious collection of storical documents regarding various sectors: the art of viticulture and winemaking, an artistic documentation, folklore and literature on the same subject. Also it includes a very valuable collection of ceramics of the '600 and' 700. The fortified town was founded in the middle Tiber Valley and the Valle Umbra.



The cultivation of the vine is ancient, documented by archaeological findings and a stretch of 1300. The area is agricultural with diverse cultures, frequent craft settlements, especially ceramic art. The wine museum is the most qualified of Italy, with a collection of technical tools, prints from various periods, specialized crafts, folklore documents

(Panoramica di Torgiano)



# Wine and Olive Oil Museum in Torgiano...



#### MUVIT, Wine Museum in Torgiano:

Visiting Torgiano you can certainly not missed the MUVIT (Wine Museum in Torgiano), one of the most famous museums in Italian wine! Driven by a famous family of wine growers in the area, it was founded in 1974 and is headquartered in the seventeenth century Palazzo Graziani - Baglioni. The MUVIT is definitely the most complete and important collection of the techniques of viticulture and wine culture in Italy. It includes objects, documents, works of art and crafts on the theme of wine. And, to stay on the subject, we suggest a visit to the Cantine Giorgio Lungarotti.

#### MOO, Olive and Olive Oil Museum in Torgiano:



Another gem not to be missed is the MOO (Olive and Oil Museum) located in a small group of medieval houses within the castle walls, which houses documents, engravings, old containers for storage and other objects historians. If you still have time available, we recommend a walk around Torgiano Brufa, known for being stage of the Wine and the Arts, which annually hosts artists who leave their sculptures in the area, creating a open-air museum.



#### GENERAL INFORMATION:

Time Table October-March: from Tuesday to Sunday 10:00 a.m. -01.00 p.m. -03.00 p.m. -05.00 p.m.

April- June: from Tuesday to Sunday 10:00 a.m.—01.00 p.m.—03.00 p.m.—08.00 p.m.

July-September: from Monday to Sunday 10:00 a.m.—06.00 p.m.

Where:: MUVIT Torgiano, Corso Vittorio Emanuele, 31 - Perugia

MOO Torgiano, Via Garibaldi, 10 - Perugia

Info: Tel 075.9880200 - Fax 075.9887252 prenotazionimusei@lungarotti.it - www.lungarotti.it/fondazione



## Assisi...



(Assisi)

In the beautiful Assisi, nestled on the slopes of Mount Subasio, it is normal that all things speak of St. Francis, but at the same time it is a lovely medieval town full of characteristic angles.

And 'a must start the tour of the city from the Basilica of San Francesco, built in the thirteenth century and consists of two parts so different as to be complementary: the lower church and upper church.

The Basilica of San Francesco is now where the Saint had chosen to be buried in the area of Assisi which was famous in the Middle Ages as the "hill of hell", ie the place which at that time was used for public executions. The building is composed of two superimposed churches, the upper Gothic aspect, light and sleek, the bottom instead, which is accessed through a Gothic portal of the 200, is low and austere. Here the single nave interior with transept, contains the extraordinary "allegorical frescoes" Giotto, "Madonna Angels and St. Francis" and "Five Saints" by Simone Martini, the "Episodes of the life and passion of Christ", the "Madonna and Saints "and" Stigmata "by Lorenzetti.



(Saint Francis Basilica, Assisi)



(Temple of Minerva, Assisi)

Continuing along Via San Francesco you reach the medieval Piazza del Comune around which stands the Temple of Minerva, dating from the first century BC

Through Corso Mazzini you arrive in Piazza Santa Chiara, dominated by the Basilica, where you can admire the remains of the saint. Do not forget to visit the church of San Rufino, bishop, martyr and patron saint of Assisi.

Go to the discovery of the most humble place linked to St. Francis, the Hermitage and the Porziuncola of Santa Maria degli Angeli. It 'an original idea then go around the medieval walls and the gate of the seven gates.

Do not forget to take a picture postcard from the Rocca Maggiore!



(Saint Chiara Basilica, Assisi)



# Spello...



(Spello)

Spello rises up between Assisi and Foligno, situated on a spur of Mount Subasio above a fertile irrigated plain. Among the cities in the area is one that certainly includes the largest number of remains from Roman times; the walls, then the foundations for medieval remains of the theater, the 'amphitheater, the baths and the splendid Porta Consolare, Porta Urbica and Porta Venere from the Augustan age.

Going towards' high you reach the church of Santa Maria Maggiore, built between the twelfth and thirteenth centuries, which although showing a beautiful facade redone with ancient materials in 1644 simultaneously with a change of the architecture, has within it the greatest treasure. E 'fact, the marvelous Baglioni Chapel, on the left side of the nave, painted by Pinturicchio with images of' Annunciation, the Nativity and Dispute at the temple, as well as other frescoes by the same author in the chapels of the cruise and Perugino on the pillars of access to the presbytery.



(Venere: City Gate, Spello)



(Baglioni Chapel, Spello)

Not far we can visit the church of S. century Andrea hosting the table Madonna and Saints by Pinturicchio. We must not forget the town hall in Piazza della Repubblica with a nice porch ogival and the church of S. Lorenzo remains with the 'old building of the twelfth century. From the ruins of the fourteenth-century fortress, located on the top of the hill overlooking the valley of the Topino and the hills all 'round. Just outside of 'village there are the Romanesque church of St. Claudio and the Round Church built in the Renaissance period to Greek cross with an octagonal dome.

Also notable is Villa Costanzi, better known as Villa Fidelia: created on the ruins of a Roman sanctuary, has a structure with terraces, and was wanted by the Urbani family in the sixteenth century. In addition to hosting the annual cultural events and concerts of quality it encloses a beautiful park with old trees and a palace where there is an exhibition devoted to contemporary artists such as drums, Guttuso, Mangu and Ligabue and an 'other dedicated artists classics such as Titian, Carracci and Fattori



(Villa Fidelia, Spello)



## The "Flower Festival" in Spello



The **Flower Festival of Spello** is an event that takes place every year in the Umbrian town during the feast of **Corpus Domini** (the ninth Sunday after Easter).

The flower workers need a whole night to make rugs and floral paintings that wind through the streets of the historic center of the village intended to honor the passage of the Body of Christ, led by the bishop in procession on Sunday morning. The result is a distance of approximately 1.5 km characterized by the alternation of over sixty different floral decorations.

Those colorful "carpets" ornamentals branch out along all the streets and squares, giving off their scent and offering a show of joyous colors to the many visitors who come to visit Spello for the occasion. Every year in Spello are packaged approximately 1,500 square meters of carpets and floral, inspired by religious reasons (according to the free fantasy or reproducing famous works) celebrate Jesus and the Eucharistic miracle.

The custom of decorating with flowers the path of the religious processions has deep roots in time and only a few centuries ago has become a real **tribute to the religious feast of Corpus Christi,** the Eucharistic miracle.

The Spellani habitants in the early twentieth century began to give to their infiorate a characteristic that, with the passing of years, has risen to sublime art form.







The flower festival artistic Spello in honor of Corpus Christi dating back to the early decades of the '900, thanks to the initiative of a woman who, in 1930, drew on the road a simple figuration floral with broom and fennel, obtaining the approval of the villagers which I just had to imitate it, by starting a challenge "positive" for the realization of works more and more beautiful and great. And so quickly she took hold in Spello the artistic composition of the floral carpet that turned the feast of Corpus Christi in a joyous occasion in which all families and then groups infioratori experts could compare their work and reward those judged best for technical skill, precision and creativity.



### Trevi...



(Trevi with Assisi in background)

Founded in Roman times near the Via Flaminia and the banks of the Clitunno, near the city of San Francisco and the home of the Sagrantino, Trevi's Oil City and part of the Club most beautiful villages in Italy! Surrounded by olive trees, Trevi preserved Roman remains, such as the massive walls (I century BC) that surround the town, and as a medieval port Bruscito, Blind door, gate and the arch of San Fabiano Mostaccio giving a sense particularly fascinating.

the path leading up to the historic center of the village you will meet the Shrine of Our Lady of Tears. According to tradition, the Sanctuary was named by lacrimation a painting of the Madonna, and later by Numerous miracles. The structure is a Latin cross with a single irregular ship soaring upwards with large vaults and is a significant example of the Renaissance in Umbria.

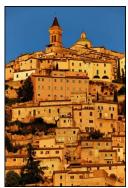
The heart of the historical center is **Piazza Mazzini**, close to palazzo comunale and civil tower., the **Teatro Clitunno** from xix century by Domenico mollaioli with inside a nice curtain painted by Domenico Bruschi. Inserted after the restoration of 1993, in the regional circuits, with its many shows throughout the year.

**The church of San Francesco**, of the fourteenth century, in Gothic style, was erected in honor of the saint who had preached in Trevi in 1213. Inside you can admire the remains of frescoes of the fourteenth and



(Mazzini Square, Trevi)

fifteenth centuries, a monumental organ of 1509 and a Crucifix the fourteenth century. The former convent next to the church houses the museum complex where they collected the works of **art of San France-sco and the Regional Museum of Civilization Oil**. Named after the first bishop of Trevi, the city's patron, the church of Sant'Emiliano. Built in Romanesque style but revisited several times in later centuries, it has a beautiful façade century portal crowned by a pediment with fine relief depicting "Sant'Emiliano between the Lions."



What to see in Trevi in one day in addition to sacred buildings? We suggest a visit to the most important buildings: **Palazzo Lucarini**, one of the most prestigious seat of the **Trevi Flash Art Museum**, which hosted exhibitions of contemporary art internationally; **Palazzo Natalucci**, characteristics doors Arab; **Palazzo Valenti** which contains one of the oldest archaeological collections in Umbria.

(Trevi)



# Spoleto...



(Duomo of Spoleto)

Ancient capital of the Lombard dukes Spoleto will leave you breathless thanks to the richness of the historical and artistic city, witness of the different historical periods that saw her protagonist. In a postcard he addressed allla wife Herman Hesse wrote:

"Spoleto is the most beautiful discovery I made in Italy [...], there is such a wealth of beauty almost unknown, of mountains, valleys, forests of oaks, monasteries, waterfalls!"

It is not easy between many, deciding what to see in Spoleto at first but I advise you to start the route from the majestic **Albornoz fortress** overlooking the city; distinguished record of the presence of popes and governors in Spoleto Rocca, bounded by a high perimeter wall system of alternating six square towers, is in fact the symbol of the city and is divided into two distinct areas: the main courtyard, with the national Museum of the Duchy and a multipurpose space for exhibitions, concerts and conferences, and the Courtyard of weapons, with an open air theater.

Longht 236 meters and high about 90 meters the Ponte delle Torri Spoleto is a mammoth work with ten arches that acts as a link between the Hill Sant'Elia and Monteluco. The crossing consists of a road and a water channel, supported by ogival arches and stone pylons. It can be reached through a long scenic walk around the fortress.



(Tower Bridge, Spoleto)



(Panoramic View in Spoleto)

Going down to enjoy the atmosphere of the Roman Empire by visiting the Roman Theatre (I century AD.) Which is still used for various shows and performances. Thus taking away Monterone to the junction, on your right you will find Palazzo Mauri (houses the town library), left the church of Sant'Ansano and the Crypt of St. Isaac, the Arch of Drusus and Germanicus. In Piazza del Duomo you will find the Cathedral of Santa Maria Assunta, a rare example of synthesis of Romanesque architecture, which houses frescoes by Pinturicchio and Filippo Lippi.

**Festival dei Due Mondi,** the "creation" of the Maestro Giancarlo Menotti, where artists from around the world perform in concerts, dances and shows.

A real tribute to the art in all its forms!



# Todi...



(Panoramic View in Todi)

Known as "the most livable city in the world" (but the tuderti habitants prefer to say "ideal city"!), **Todi** is a mediaeval town with a unique beauty and elegance that stands atop a hill dominating the enchanting valley of the Tiber. Located a few kilometers from Perugia and Orvieto, the town is limited between **3 city walls** (Etruscan, Roman and medieval) that contain countless treasures. Among the things to do in Todi, one of the most beautiful views it is surely to **Piazza del Popolo**, the heart of the town overlooked by some of the most important buildings of the histo-

ric center that contrasts with a suggestive effect, the religious complex.

Here you can see the whole complex of the City Hall, born from the union of the Palazzo del Popolo that hosts the Lapidary Museum, the Art Gallery and the Roman Etruscan Museum, the thirteenth-century Palazzo del Capitano and Palazzo dei Priori, perhaps the most beautiful of three. The Cathedral, built in the twelfth century on the ruins of a temple dedicated to the god Apollo, is characterized by a long flight of steps and a beautiful Romanesque facade. Nearby, about 20 meters from the square



(Popolo Square)

there is the Church of San Fortunato, dedicated to the patron saint of the city and built in the thirteenth



(Consolazione Churc)

century, in the crypt which houses the grave of the poet Jacopone. In our suggestions on what to see in Todi can not miss the Temple of Consolation, executed in the sixteenth century and designed by Bramante that has a structure with a central plan surmounted by a beautiful dome and hosting on its altar a 'ancient image of the Madonna, the which, according to tradition, was miraculous. To truly experience the beauty of Todi we suggest a visit to his underground treasures, the cisterns. Built by the Romans, they are located just below the Piazza del Popolo and were used to collect rainwater. Another tip on what to do in Todi: a dip in the Middle Ages! Go

through the three medieval towns of Ulpiano, New and Porta Fratta and the area of the Valley below that of Pontigli; within the narrow alleys frequently open the doors to all sixth of the ancient craft shops, belonging, in medieval times, the **twenty-three corporations of arts and crafts** that dominated the entire economic life of the city; They were often the same corporations, in addition to the monastic orders, who commissioned the construction of several small churches and oratories of which are still visible traces. Situated next to Piazza del Popolo, **Piazza Garibaldi** offers a breathtaking view of the surrounding country-side and for another beautiful view we suggest you get on its highest point, the bell **tower of San Fortunato**, from which you can even catch a glimpse of Perugia!



## Orvieto...



(Orvieto Cathedral)

Orvieto, one of the oldest cities of Italy, owes its origins to the Etruscan civilization: the first settlements date back to the ninth century BC and found inside the caves tufaceericavate in the bedrock upon which today rises the Umbrian town. Impossible not to start the tour from the beautiful Cathedral of Orvieto, a colorful example of Romanesque-Gothic architecture, rich in works of art, which holds within it the Sacred Body. Started in 1290, it was later continued by Lorenzo Maitani, who was responsible in particular the wonderful facade with its exceptional bas-reliefs; the elegant front, 40 meters wide and 52 m high, is decorated with mosaics and the rose window of Andrea Orcagna. The interior of the cathedral is adorned with important works, including the famous frescoes of Luca Signorelli and the Reliquary of the Corporal, famous masterpiece of jewelry

After visiting the cathedral, we suggest you immerse yourself in the atmosphere of timeless **Underground City** that was entirely derived from the cavities excavated by the inhabitants over the centuries, rich in caves and wells; the most famous is probably **the St. Patrick's Well,** near the communal gardens which are located inside **the Albornoz Fortress.** Well, extraordinary work of civil engineering of the sixteenth century, was excavated by order of Clement VII took refuge in Orvieto during the sack of Rome in 1527. Its realization, wanted for reasons of survival in case of siege or natural disasters, was entrusted to Antonio da Sangallo, assisted by Giovanni Battista da Cortona. Its dimensions are impressive: **62 meters deep, has a diameter of 13.5 meters.** All around winding two spiral staircases spiral that never meet; the two steps, consisting of 248 steps each receive light from 72 windows creating a **surreal atmosphere.** 



((The well of Saint Patrick)



(Palombella Party)

The subsoil of the city but still reserves many surprises; a short walk from the Duomo the tunnels and cavities reveal another world to discover: is to **Orvieto Underground**, which allows you to take guided tours in an underground complex multipurpose dug from the ninth century BC; here too pits, quarries, workshops and mills for olives have ensured the survival of the inhabitants in the area for millennia. Orvieto is also rich in traditions; In addition to religious services and the exposure of the holy relic, there is a parade reminiscent involving 400 participants, and the **Palombella Party**, dating back to the fourteenth century. On this occasion it is made "fly" a dove, linked to a sunburst of crackling firecrackers on a steel cable from the church of San Francesco al Duomo; the dove is then donated to the first married couple that day.



# A Toggio degli Olivi Bevagna...



(Saint Michele Arcangelo Church)

The ancient town of Roman origin called Bevagna is on the western fringe of the Foligno plain, at the foot of the hill where Montefalco rises at the 'bend in the river Timia. The issue today is certainly the fruit of the medieval development, in fact, though the Romans had set the 'old Menania so that the Via Flaminia was decumanus the town, today the focus is placed more urban south. In Piazza Silvestri, nerve center of the town, with its irregular shape and very characteristic. Here it is the Palazzo dei Consoli and three churches: the church of San Michele, the church of San Domenico and the church of San Silvestro.

Palazzo dei Consoli seems to have been built

tory. The church of San Silvestro, also with a

by Maestro Brave in 1270; its facade has Gothic windows and a beautiful staircase that leads to a large covered loggia with cross vaults. Since 1886 it houses the Teatro Torti, a gem that can accommodate only 140 people, entirely decorated by the expert hands of Domenico Bruschi and Mariano Piervittori. The church of San Michele, which was built in the thirteenth sec.per by Master Binello and Rodolfo, un'architetura presents three aisles, and inside there are numerous works. The Church of St. Dominic in 1291, was built on a former ora-



(Fountain of Bevagna)

(Silvestri Square, Bevagna)

Romanesque facade, welcomes us with an elegant portal on top of which rests a mullioned window and two mullioned windows. Inside we can see the presence of three naves where there are frescoes of the Umbrian school. The fountain which completes the scene of this exceptional public space is instead a remake of nineteenth

Even today are well-preserved medieval town portals, even after reconstructive measures such as that of 1797 on Porta San Venanzo and long stretches of the 'old city walls. There are, moreover, evidence of more ancient origins of Bevagna: the remains of a temple of the second century AD which was erected on the medieval church of Our Lady of the Snows, the Roman theater (second century AD) which is to act as a foundation for a circular block along the course of the ancient Flaminia and the impressive remains of mosaics perhaps belonging to a thermal building that representing marine animals. Among the most important manifestations taking place in the city we should absolutely mention the reenactment of the Gaite Market.



(Bevagna)



## The "Gaite Market" in Bevagna...





The Gaite Market, a reenactment Medieval takes its inspiration from the division of Bevagna in four districts (Gaite, in fact) on which was based the organization of the city in medieval times. The purpose of the event is to rebuild with greater historical relevance and great detail the daily life of the inhabitants of Bevagna between 1250 and 1350 for this purpose, since 1983 a group of scholars consider carefully the statute sixteenth of the City of Bevagna from which it derives the necessary information to the historical reconstruction of the period.

For ten days, then, **the end of June** Bevagna makes a splash in this remote past: the ancient medieval crafts shops reopen their doors and take over the assets and the streets are crowded with bevanati that in period costumes live everyday life of their ancestors eating, working, playing just like them. Today, as then, the city is divided into four gaite, but today each rivaling the other in an attempt to give a historically faithful interpretation of the role that covered in the Middle Ages.





The spirit of competition is at the base of the animated show and is achieved by participating in four races: the race of the market, competition crafts culinary competition, competitive sports of archery.

With a complex points system, awarded by professors and experts in different fields called to judge the relevance of history, the last day of the event it is decreed that the winner receives a gift the prize of victory..

The strong sense of belonging to their gaita makes the competition very interesting and stimulates continuous improvement of the proposals of gaite across sectors with obvious advantage of the overall quality of the event II Mercato delle Gaite is today considered one of the most important historical events of Umbrialt is part of the **Regional Association Events.** 





# Il Toggio degli Olivi Montefalco...



(Montefalco Square)

Montefalco it is known for wine, but in this town with a lot more visitors. The enchanting location in which is has earned him the nickname "Balcony of Umbria".

From his viewpoint it turns out in fact a part of Umbria and admire everything around centers of Perugia, Assisi, Spello, Foligno, Trevi, Spoleto, Gualdo Cattaneo, Bevagna; but what is most striking are the hills covered with olive groves and vineyards!

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What to see in Montefalco in one day? We begin your tour its **beautiful medieval walls,** interspersed by doors of Frederick II, of St. Augustine, of Camiano, the Rock and San Leonardo. Once in the city you can visit the **museum-church of San France-sco** which is a summary of the history, culture and tradition of Montefalco.

Since 1895 is the seat of the Museum. Which is divided into three exhibition spaces: the former church, known throughout the world for the frescoes of the Stories from the life of St. Francis by **Benozzo Gozzoli**, the art gallery and the crypt, where there are fragments from various periods. Then walk the path on which stands the church-museum of San Francisco to the beautiful circular plaza overlooked by the Town Hall, the former church **of San Filippo Neri** theater today, the oratory of Santa Maria and significant examples of residences XVI century.



(S.Francis's Church and Museum, Montefalco)

We suggest you to visit **the church of Santa Chiara della Croce** that has a severe and classic elegance with an interior solemn with three naves and a silver urn where lies the body of Santa. Through the Sacristy to the **ancient church of Santa Croce**, with fourteenth-century frescoes of the Umbrian school.

The Augustinian monastery of Santa Chiara, Which Became abbess in 1291. In the cloistered monastery, visited on request, there are Numerous works of art, mostly arranged in fifteenth-century cloister. In one of the rooms is a fresco by Benozzo Gozzoli depicting Santa Chiara. The Small Cloister garden has a very

particular: its flower beds Represent the Mysteries of the Passion, and there grows the Tree of Santa Chiara, Whose berries are used by the nuns to weave the rosaries.

Se siete a Montefalco in estate, tra i nostri consigli su cosa fare a Montefalco non mancherà imperdibile l'appuntamento estivo de "La Fuga del Bove", tradizione di Montefalco che si ripete ogni anno e che trasforma la Piazza in un teatro a cielo aperto con lo spettacolo dei Quattro Quartieri!

(Montefalco Street)



# Il Toggio degli Olivi Perugia...



(Perugia)

The beauty of Perugia is that, being located on top of a hill, it is really impressive to see already when you appeared in front as you approach from the road to reach it. Of course the most interesting part is the old, hard to visit because it is made of ups and downs rather steep, but quite a sight. Arm yourself with shoes because you walk in Perugia, and is on top of one of the many climbs that will conquer the heart of the city, Piazza IV Novembre where you can not but be amazed and admire the famous Fontana Maggiore, the city's symbol.

It was built between 1275 and 1278 by Nicola and Giovanni Pisano. The fifty panels that decorate the lower basin represent the agricultural calendar, some biblical, historical and mythological, the two symbols of the city (the griffin), the Guelph party (the lion) and Empire (the eagle) the seven liberal arts and philosophy. Have fun in the tiles to find the two scenes from Aesop's Fables (cranes and wolf and the wolf and lamb). Piazza IV Novembre is also cloaked from the Cathedral of San Lorenzo and the imposing Palazzo dei Priori, home since 1878 the National Gallery of Umbria, whose rich artistic heritage is organized in chronological order: the third floor collected works ranging from the thirteenth to the fifteenth century, the second floor from the sixteenth



(Maggiore Fountain, Perugia)

to the nineteenth century. Among all, outstanding masterpieces by Duccio, Piero della Francesca, Fra Angelico, Pinturicchio and Perugino.



(Priori Palace, Perugia)

The beautiful Palazzo dei Priori, built in Gothic style between 1293 and 1443, is one of the best examples of public building of the communal. It is accessed from Piazza IV Novembre, through a thirteenth-century portal adorned with statues of the griffin and lion. The interior, as well as hosting the National Gallery of Umbria mentioned above, preserves areas of great interest as the Sala dei Notari, composed of eight arches with different paintings that tell legends, biblical stories and maxims.

The parkings car are numerous and almost all pay, but there is a line of escalators that arrive directly in

the center, in addition to the innovative line of outdoor minimetrò. Once in centrosi easily reach the major palaces and monuments of art that are located near the town street full of shops, so pleasant to go. Not all pay attention to the side doors that are located along the course, some of which have access to the terraces where you can enjoy a beautiful landscape and where there are markets and restaurants



(Acquedotto Street, Perugia)



### Corciano...



(Corciano Panorama)

According to an ancient legend, **Corciano** owes its name and its origins to **Coragino**, mythical friend of Ulysses. Its Etruscan-Roman origins are documented by the discovery of an Etruscan necropolis and from numerous finds located at its municipal offices. In 1242 Corciano was a free Commune, but its though closely related to the nearby and dominant city of Perugia. The renaissance period was very flourishing for the town, which allowed it

to adorn features buildings and valuable works of art. Upon entering Corciano from **Porta S. Francesco**, you access the course

Cardinale Rotelli, the main street of the old town. Immediately to the right is the Municipal Palace, (XVI sec.), Originally the residence of the dukes of Corgna, which preserves valuable decorations. Of particular importance are those of the ceiling of the hall of the Council (end XVI sec.), Produced by the Zuccari. Then we reach the Palazzo del Capitano del Popolo (XV sec.), A former representative of the dominant Perugia, flanked by the Palazzo dei Priori and Merchandise. It reaches in Coragino square, where there is a beautiful circular well of the sixteenth century. On the right side is the church of Santa Maria Assunta of the thirteenth century. Inside are two paintings of great value: the Banner of Benedetto Bonfigli (1472) and the Assumption by Perugi-



(Corciano)

no (1513). Then we reach the church of St. Christopher, the first half of 1500, which houses a collection of religious art.



(Tower of Porta Santa Maria)

Of particular interest is **the Museo della Casa Contadina** which reproduces, with authentic household and work objects, the typical house corcianese the pre-industrial period. Remarkable is also the **ancient "Spedale" of the village**, which has a fresco of 1494 attributed to Andrea d'Assisi called the Skill. Just behind is the **Tower of Porta Santa Maria**, emblem of Corciano, built in 1482, followed by a nice walk placed over the ancient walls, where you can admire two Romanesque sculptures depicting lions. **San Francesco Church** Gothic, contains various works of art, including a Crucifix sixteenth, a canvas of the flag, a statue of San Bernardino Orsini, and a table of Caporali, as well as frescoes of Umbrian-Sienese school of fourteenth and fifteenth centuries.

Among the most important events organized in the city we should absolutely mention the **Corciano Festival** featuring some demonstrations in costume of '400 in addition to a folkloric value are intended to reintroduce the life of a medieval castle and some of his religious events. The Corciano Festival evokes these moments of everyday life in a business as usual scenario, in which citizens are not just extras but real protagonists of a historical representation lived intensely and with deep sympathy.



(Corciano Festival)



## Trasimeno Lake ...



(Passignano sul Trasimeno)



Nestled in the green hills of Umbria, Lake Trasimeno is the fourth of Italy by extension. On its banks are breathtakingly beautiful villages like Castiglione del Lago, Passignano, San Feliciano, Tuoro sul Trasimeno, Castel Rigone, but are no less fascinating villages further inland as the Etruscan Panicale Lisciano Niccone Piegaro. Lake Trasimeno there are three islands: Maggiore, Minore and Polvese. The largest is **Polvese Island**, freely accessible, which in addition to the beautiful views offers visitors three points of interest: the Fortress, the ruins of the Church of San Secondo Olivetana and the Church of San Giuliano. After landing on the Maggiore Island, the only inhabited, you are in a small square with two ways to go right to the windmill and the church of San Michele Arcangelo or go left towards the Long Lake. Here things from see are different: the docking area (via Guglielmi) with its palaces, the Church of San Salvatore, the Church of San Francesco, the windmill and more. The third island, Minore Island (also known as Islet) is private and not open to visitors.

We suggest a tour of the islands by **ferry** so you should leave the car in **San Feliciano** and take a ferry early morning to Polvese Island. After the visit to Isola Polvese resume the ferry to go back and go to San Feliciano Passignano or Tuoro Punta Navaccia where you can catch the ferry to the Isola Maggiore.

After visiting the islands We recommend that you take the circumnavigation of the Lake Trasimeno: suggest a visit to the two picturesque towns of Castiglione del Lago and Passignano.

Among the thing to do on Lake Trasimeno not forget a visit to the castles of the lake: the Fortress of the Lion of Castiglione del Lago and the **Tower of Lambardi** of Magione to the ruins of the **Castello di Zocco**. Started the route in Castiglione del Lago with a visit to the **Palazzo della Corgna** and the **Rocca del Leone**. The ticket is unique for both facilities and the tour lasts from 2-3 hours. Also worth visiting the village of **Monte del Lago**.

**In Magione** guests will find the castle of **Cavalieri di Malta** and, high above the village, **the Tower of Lambardi.** 

Among the things to do on Lake Trasimeno we also recommend a visit to the Mongiovino Castle, small fortified village in the municipality of Panicale also home to a beautiful church of 1513 in Bramante style dedicated to the Virgin Mary, the **Sanctuary of Mongiovino.** 



(Passignano sul Trasimeno)



(Castiglione del Lago)



# Gubbio...



(Gubbio, Panorama)

Laying on the slopes of Mount Ingino, **Gubbio** is one of the most ancient towns of Umbria, extremely well preserved during centuries and rich of monuments testifying its glorious past. We should start your tour of Gubbio from the Cathedral, the main church of Gubbio and art treasure. Revenue inside to admire the works of the greatest artists of the sixteenth century Gubbio and the two organs of the same time kept there.

The scenic and panoramic **Piazza Grande** is also home to **Palazzo dei Consoli**, symbol of the city, built in the Gothic style to testify the importance of Gubbio in the Middle Ages. Inside it houses the municipal museum, the "bell" and seven "Tavole Eugubine," the most important document in the history of the Italic peoples, dated between the third and second centuries. Opposite the cathedral is the **Palazzo Ducale**,

built in the fifteenth century according to the will of Duke Federico of Montefeltro, of which you can admire the small study (a faithful copy of the original exhibited at the Metropolitan Museum in New York) as well as a beautiful inner courtyard consists of a series of arches supported by columns and decorated capitals. Noteworthy the House of **St. Ubaldo**, ancient tower house where he lived the patron saint of Gubbio which goes back to a period between the thirteenth and fourteenth centuries, as evidenced by traces of the original wall decorations contained within. Do not let the "town of fools," without making a trip to the **Ranghiasci park**, green area that climbs along the old walls, starting from one of the ancient gates of the town



(Consoli Palace, Gubbio)

and boasting **one of the best views of Gubbio**. If you do not suffer from vertigo worth climb to the top of **Mount Ingino** (908 m asl) with the cable car to admire the **Basilica of St. Ubaldo** that houses the remains of the saint and the famous candles. A mandatory visit to one of the ancient blacksmiths shops that you will find around the country, where they still work hand incandescent materials beating the anvil.



(Corsa dei Ceri, Gubbio)

Among the most important manifestations taking place in the city we should absolutely mention the historical re-enactment of the Crossbow and the Corsa dei Ceri, which is considered the oldest Italian folk event and in 1160, the year he died the beloved bishop city of Gubbio, Ubaldo, where the celebration is dedicated, has undergone very few changes. The Corsa dei Ceri returns on time every May 15 and is an event so felt that the three Ceri of Gubbio were chosen as the logo of the Umbria region since its founding.



# Guided Tour in Winery and Wine tasting...

During your stay you will have the opportunity to take **guided tours with tastings in the main wineries in the area,** for those who want to know the Umbrian wines, discover the history of Sagrantino, understand the stages of wine production and breathe the smells of the cellar where the winesThey come to life and grow old, get lost in the vineyards, immerse yourself with all your senses in Umbria, exchange views and share the pleasure of a tasting experience. We welcome with the same enthusiasm both professional and the merely curious who share our passion for wine!

#### **LUNGAROTTI WINERY, TORGIANO**



By the most modern winemaking technologies to charming wood aging and bottled in the cave of the reserves, the vault with the best vintages, to bottling, through the cave of sparkling wine with the classic method. The wine tastings are organized and followed by a staff prepared and accompanied by appetizers, snacks and tastings of typical Umbrian products (by reservation).

Address: Cantina Lungarotti, Viale Giorgio Lungarotti 2, 06089 Torgiano (PG) Time Table Monday and Tuesday from 9.30 to 13.00 and from 15.00 to 19.00 From Wednesday to Friday, continuous hours from 9.30 to 19.00 Saturday open from 10.00 to 18.00 Sunday open from 10.00 to 17.00 (reservations +39.3396026596)



**Contacts**: +39 075-9886659 - welcome@lungarotti.it In the cellar Antonelli Montefalco you can taste, buy products, visit the winery, vineyards or walkling on one of the trails of the forest.

#### ANTONELLI WINERY SAN MARCO, MONTEFALCO



Wine tours (by reservation only): guided tour of the winery includes a visit to a vineyard of Sagrantino, the local wine, the cellar, and the local bottling and storage. Wine tasting: All our wines can be tasted in the tasting room. There is no provision in this case a visit to the winery. Address: Località S. Marco, 60, 06036 Montefalco PG
Time Table: from Monday to Saturday: 9.00 a.m. –12.00 p.m. /03.00 p.m., –06.00 p.m.

Wine Tasting From Monday to Sunday 09:30 - 18:30

Contacts: + 39 0742 379158 - info@antonellisanmarco.it





## Guided Tour in Winery and Wine tasting...

#### **TENUTA DI CASTELBUONO, BEVAGNA:**

#### CARAPACE DI ARNALDO POMODORO

It's called "Carapace" for the shape that resembles the turtle symbol of longevity and stability as well as

the union between the earth and the sky. This winery in the heart of **Umbria**, the **Tenuta Castelbuono**, is designed specifically for the **Sagrantino di Montefalco** and has a father and a mother who are the family **LUNELLI** and the teacher **ARNALDO POMODORO** 

From this union of purpose and passion he was born a masterpiece: the first large sculpture in the world in which we live and work. A place

where art and nature, sculpture and wine talk emphasizing the uniqueness of both the containing both content. To go in the "Carapace" means going into a sculpture of Pomodoro, as immediately warned his

artistic alphabet, instantly recognizable in the inner vault. A cellar with emotions, as happened to its author, Arnaldo Pomodoro. He told himself: "For the first time in my life I had the thrill of being able to walk, talk and drink in one of my works."



#### MARCELLO LUNELLI: "FOR ME A DREAM COME TRUE"



I have devoted to this project the last 6 years of my life and collaboration with Arnaldo Pomodoro is something precious I will never forget, "said Marcello Lunelli, vice president of Ferrari Winery." After over 100 years of bubbles between our Dolomites we wanted to test us with new challenges. So we are left to draw charm of Umbria, land of landscapes, artistic and religious values, and above all a great autochthonous: the Sagrantino di Montefalco. In 2000 we purchased some of the most historic vineyards of Montefalco and we started in cooperation with the Agricultural Institute of San Michele a project to select the genetic heri-

tage of the Sagrantino. Today we have **30 hectares** of vineyards in the municipalities of Bevagna and Montefalco; in 2003 it came to light the **Montefalco Sagrantino** and **Montefalco Rosso** next year. "

Address: Tenuta Castelbuono Vocabolo Castellaccio, 9

06031 Bevagna (Perugia)

Time Table: from Monday to Sunday 10:00—13:00 / 14:00—18:00

Contacts: + 39 0742 361670





## Marmore Falls, Terni...



Taking the Valnerina state road from **Terni**, you reach the **Marmore Falls** after only 7 km, certainly a fundamental stop for anyone who decides to visit the natural beauties of Umbria. The Marmore Falls is an artificial work of hydraulic arrangement due to the Romans; the Velino river, in fact, widened in the years preceding 290 BC. in a vast area of stagnant, marshy and unhealthy waters. In order to drain these waters, the consul Curio Dentato had a canal dug to convey them towards the rock of Marmore, and from there he made them fall, with a total leap of 165 meters, into the underlying bed of the Nera river.

The spectacular jump of the Marmore Falls has inspired poets and artists of every historical period: Virgil in the "Aeneid", Cicero and G. Byron in the "Childe Harolds Pilgrimage". For about 50 years the waters of the waterfall have been used to power the hydroelectric plant of Galleto. Consequently, the waterfall can only be admired at certain times (see timetable on the following two pages). It was thanks to the richness of these waters and their energy that it was possible to establish iron and steel, electrochemical and electrical industries in Terni.



TICKETS:
Full ticket (over 10 years) € 12.00
Reduced ticket € 9,00
Over 70 years: € 10,00
Free ticket:
Children from 0 to 4 years
Disabled + companion



Payment of the entrance **ticket** entitles visitors to use the following **services**:

- visit of the Park (Lower Belvedere, Upper Belvedere and 5 hiking trails)
- assistance in the Park and in the Hiking Area
- use of the car parks, at the Lower and Upper Belvedere, at the service of the Park The payment of the ticket gives the right, on the same day in which it is released, to make a double entry, or to access the Lower Belvedere and the Upper Belvedere of the Waterfall.



#### **CONTACTS:**

Tel. 0744 62982 E-mail cascatamarmore@libero.it



## The Sources of Clitunno, Campello sul Clitunno ...



An excellent destination for a trip "out of town" are the Fonti del Clitunno: fed by underground springs that emerge from cracks in the rock, they constitute a true naturalistic jewel of the area! The crystal clear water that is formed and its banks surrounded by dense vegetation of weeping willows and poplars give the environment a suggestive and romantic atmosphere.

#### The park

A body of water with a perimeter just over 400 meters long for an area of almost ten thousand square meters. In this small lake, numerous plant species contribute to giving that characteristic for which the Fonti del Clitunno are known. Moss, seagrasses, aquatic horsetail, shovel are just some of the plants found inside the pond. Around the banks are the trees that characterize the environment: cypress poplars and weeping willows.

#### **Timetables:**

Open every day all year except December 25th
From April 1st to September 30th
Continuous hours 9.00-19.30
From October 1st to November 1st
Morning: 09.00-13.00 Afternoon 14.00-18.00
Children under ten years accompanied by their parents and disabled do not pay.
Inside the park it is forbidden to consume food and drinks.





Rates: Ticket: € 3.00.

Reduced ticket (groups of more than 15 people): €2.00

Indirizzo:
Fonti del Clitunno
Via Flaminia, 7 06042 Campello sul Clitunno (PG)
Contatti:
0743/275057 oppure 0743/521141





## Activity Park in Valnerina a Scheggino...



Activity Park is an amusement park completely immersed in nature and without any environmental or acoustic impact activities; it is by far the largest in Italy in this area and contextualized in a geographic and morphological area of great attraction and of great interest for excursions, flora and fauna.

ACTIVITY PARK is located in the enchanting medieval village of SCHEGGINO, 12 km from Spoleto and 28 from Terni, in the south-eastern area of Umbria (in Valnerina) along the banks of the Nera river; the landscape is very suggestive, being the village entirely crossed by an artificial canal that originates from a spring water lake. From the village, a narrow wild valley extends towards the mountains, called Valcasana, where Activity Park is located, which occupies about 25 hectares, of which 7 are fenced and equipped for activities and games and accessible only with a ticket, and the rest of free access but equipped for excursions with trekking and mountain bike trails.

This narrow and suggestive valley that hosts the park rises from the Nera river (280 m. S.l.m.) up to 1,700 m. of Monte Coscerno, where the only pair of golden eagles in Umbria flies, and along its paths there are the 2 most beautiful medieval mountain villages of the entire region: Caso and Gavelli.

Activity Park is a strong attraction for all those who love life in contact with nature, sport, and outdoor training activities, for tourists always looking for new destinations and activities, for students for whom Activity Park it is a destination for trips and excursions, both educational and recreational / sports, the residents to whom Activity Park always knows how to offer fun and entertainment for their free time; a perfect location for companies that can organize training courses, team building and incentives here.

#### **HOW DOES IT WORK:**

Activity Park is open according to a set calendar from late March to early November, and is divided into 3 areas: the Junior Forest, the Active Village and the Nature Area. The first 2 are fenced and accessible only by purchasing a ticket available in 2 types: BASIC and FULL.



The first is a ticket that entitles you to play games and activi-

ties on the ground without the need to wear harnesses and helmets ... while the second includes all acrobatic and adrenaline activities with mandatory assistance from our. personal.

Access to the Nature Area, on the other hand, is freely allowed to everyone for both sporting and hiking activities, while always respecting the park regulations.





## For the little ones: The city of Sunday!



A must for children and adults who come to Umbria and who want to have fun in contact with animals and nature. 40 hectares of park a stone's throw from the city center, to be crossed following exciting routes.

Entering this fantastic world it is possible to observe about a hundred animals

in the wild, including fallow deer, mouflons and deer, along the zoological itinerary with African

animals and other exotic countries adapted to our climate and territory; such as: African lion, American bison, zebra, yak, llama, dromedary, watusso ox, macaque, ostrich, flamingo, crowned crane. Visit the largest and most important Italian center for reproduction, conservation and study of some rare species of reptiles, including: pythons, albino cobras, iguanas and alligators.



The park is part of the Italian union of zoological gardens and aquariums: an association that brings to-



gether only those associations in possession of the indispensable requirements to pursue the purposes of a modern zoological garden, namely the conservation of endangered species in nature, scientific research and naturalistic-environmental education. At Città della Domenica it is also possible to enter the world of fantasy in the company of Pinocchio, Snow White and the seven dwarfs, Little Red Riding Hood, venture into the Apache Fort, the Trojan Horse or the Sleeping Beauty Castle, go horseback riding in the park, dive in an ocean of multicolored balls, jump into Moby Dick's belly or visit the Space Base.

#### **GENERAL INFO:**

EXTERNAL ANIMALS ACCESS IS NOT ALLOWED. Inside the park live native animals in freedom. The presence of dogs or other pets could scare them and create dangerous situations both for them and for our 4-legged friends.

Children under 3 do not pay;

In the event of adverse weather conditions the Park reserves the right to change the opening and closing times at its discretion for safety reasons; Tickets issued are non-refundable;

On the occasion of exceptional event days, the opening hours, rates and programming of the attractions and shows may undergo changes;

#### Address:

Via Col di Tenda, 140 – Perugia (exit Ferro di Cavallo)

Orari e Tariffe: tabella alla pagina successiva

Contatti: Tel 075.5054941

info@cittadelladomenica.it | www.cittadelladomenica.it



# Il Toggio degli Olivi The city of Sunday!...



#### 2025 season calendar Park and Reptile

7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 S D Marzo SD SD Aprile SD SD Maggio SD D D D Giugno ח SD SD S D D S S S S Luglio D D D D S D D Agosto D Settembre SD D S S D S D Ottobre D D Novembre 😳 😳 S D

OPEN PARK from 9:30 to sunset.

Attractions and Shows: NATURAL PARK – KART – WATER RIBS – RIDING STABLES – SHOWS

RATES

OPEN PARK from 10:00 to sunset.

Attractions and Shows: NATURAL PARK

**RATES** 

DAILY €16.50 full price €13.50 reduced from 3 to 10 years

CLOSED PARK

BY PURCHASING THE FIRST TICKET AT THE PRICE OF THE ORANGE DAYS, YOU WILL RECEIVE A FREE PARK PASS THAT WILL ALLOW YOU TO RE-ENTER AS MANY TIMES AS YOU WANT ON THE OPENING DAYS UNTIL 09/11/2025. FREE PARK PASS VALID ON ALL OPENING DAYS EXCEPT SPECIAL EVENTS, UNLESS OTHERWISE NOTIFIED.

#### REPTILARY

INCLUDED IN THE ENTRANCE TICKET

OPEN EVERY DAY OF THE PARK OPENING FROM 2.30 PM UNTIL CLOSING TIME

N.B. \* The following attractions are included in the price and are always open (if the weather conditions allow it): - Farm Route, Wildlife Route, Animal Enclosures, Ponte Matto, Labyrinth, Fort-Apache, Slides,
Casette delle Fiabe (outside) and Sleeping Beauty Castle, Talking Wood and School of Magic

The following attractions are NOT included: Kart, Riding Stables and Water Ribs.

\*\* Special Rates cannot be combined with other promotions unless explicitly indicated

THE ACCESS OF EXTERNAL ANIMALS IS NOT ALLOWED



## Company outlets in Umbria ...

LUISA SPAGNOLI Company shop

Strada Santa Lucia, 71 - 06125 Perugia Tel. +39 075.40158 and
075.4591 Hours: Monday to Saturday 09.00-13.00 and 15.30-19.30. Sunday 10.00-13.00 and 16.00-19.00

Company shop of the famous brand all over the world. Leader in the production and distribution of women's clothing. It operates with a direct commercial network of over 140 stores located all over the world. In the shop you can find dresses from past collections and ceremonial garments, inventories and end of series, in sizes ranging from 42 to 52. Generally the previous year's collection is discounted by 50% while that of two years ago is discounted 70%.



PERUGINA Company Store Viale San Sisto, 207 / C - 06132 Perugia Tel. +39 075.52761 Hours Monday to Saturday 09.00-18.45 Sunday closed .15-30% savings The company shop of the most famous chocolate brand in Italy, bacio Perugina, is currently open only to employees. You just have to shop in the small chocolate shop set up near the Perugina Historical Museum at the Perugina factory in San Sisto in Via Pievaiola - tel. +39

075.5276796. Here you can buy all the company's products, including Baci Perugina, discounted by 15% -20%. If you are also interested in the Museum, you can book your visit in advance by calling 075.5276796.

PRIMIGI Company Store

 Via L. Pasteur 14, cross street of via J. Gagarin - 06073 Ellera di Corciano (PG) Tel. 075.5028276 - 075.50281 Opening Hours: Monday to Friday 09.30-19.30 Saturday and Sunday 09.30-20.00 Savings of 20-

The company shop of the children's footwear brand famous in Italy and in the world. Here, within the department of promotional offers dedicated to children's shoes, you can find all the Primigi models of past collections, end of series, inventories, at discounted prices from 30% to 70%. You will find quality leather and / or fabric footwear, walking, sporting, casual, elegant. Ample space is also dedicated to shoes for men and women with discounts from 20% to 50%.



Opening Hours from Monday to Friday 10.00-13.00 / 15.30-19.30 Saturday 10.00-19.30 Sunday 10.00-18.30.

The company Della Ciana was founded in 1978 in the small Umbrian village of Santa Maria Rossa, just outside Perúgia. A product entirely made in Italy, even more than "Made in Italy" is a real "Made in Umbria", as attested in the warranty certificate - complete with identification number - that accompanies each item. It is important the link with Umbria because here, where the production processes take place, the art of wool processing has deep roots, originating in the Etruscan times.



# Il Toggio degli Olivi Markets in Umbria ...







WHERE	WHEN	THEME	EXHIBITORS
Campello sul Clitunno (PG) Località Pissignano	first Sunday	Antiques, crafts, used, collectibles	140
Spoleto (PG) centro storico	second Sunday	Crafts, gifts; collec- ting	40
Passignano sul Trasimeno (PG)	third Sunday	Crafts, gifts; collec- ting	40
Trevi (PG)centro storico	fourth Sunday	Antiques; collecting	40
Perugia Rocca Paolina e Giardini Carducci	Saturday and last Sunday	Antiques; collecting	90

... For more information you can ask at the reception!



## Local Markets ...

TOWN	DAY	STANDS
Assisi	Saturday	30
Bastia Umbra	Friday	150
Bettona	Tuesday	5
Campello sul Clitunno	Third Monday of the Month	11
Cannara	Wednesday	12
Cascia	Wednesday	30
Castiglione del Lago	Wednesday	70
Cerreto di Spoleto	Monday	11
Citerna	Wednesday	10
Città della Pieve	Saturday	30
Città di Castello	Thursday and Saturday	80
Corciano	Friday	15
Deruta	Tuesday	50
Foligno	Tuesday and Saturday	65
Giano dell'Umbria	Wednesday	65
Gualdo Cattaneo	Tuesday	10
Gualdo Tadino	Thursday	80
Gubbio	Tuesday	110
Magione	Thursday	50
Marsciano	Monday	100
Massa Martana	Friday	15
Montefalco	Monday	12
Monteleone di Spoleto	Tuesday	8
Nocera Umbra	Wednesday	30
Norcia	Thursday	25
Panicale	Monday	65
Passignano sul Trasimeno	Sunday from March to September	35
Passignano sul Trasimeno	Friday	35
Perugia	Saturday	170
Piegaro	Wednesday	6
Pietralunga	Second Monday of the Month	25
Sellano	Tuesday	5
Sigillo	Friday	15
Spello	Wednesday	20
Spoleto	Friday	51
Todi	Saturday	40
Torgiano	Wednesday	15



#### "HORSE RIDING"

The wind in your hair ... the exhilarating sensation of the ride ... do you want to try these beautiful sensations too? Put on a pair of comfortable boots and let's go!

During a holiday in Umbria you cannot miss the pleasure of an excursion on horseback in the midst of nature! The careful selection and preparation of the horses, the study of the routes, the professionalism and friendliness of the instructors and accompanying persons, allow both beginners and experienced riders to obtain maximum gratification during the trekking organized on the various itineraries available.





Even for the little ones... horse for children

Children still retain that innate ability to build relationships and genuine relationships, which is why horse riding is perfect for them!

The child is not only required to learn a technique, but to build a relationship of trust and respect with another living being. You can ride with your children and give yourself an unforgettable experience.







CONTACTS: "Piandarca" Francesco 3497852746



#### "SAN FRANCESCO WOOD – ASSISI"



An intact piece of Umbrian landscape, a place of harmony and silence at the foot of the grandiose Basilica of San Francesco in Assisi: an enchanting place recovered by Fai surrounded by greenery, a path that also becomes an inner journey and that inspired Michelangelo Pistoletto in the creation of a land art work.

#### 2025 PROGRAM









#### **FAI BOSCO DI SAN FRANCESCO**

In March open from Tuesday to Sunday from 10:00 to 16:00 last entry at 14:00 From April to September open from Tuesday to Sunday from 10:00 to 19:00 Last entrance: 17:00

#### **Entrances:**

Square of the Basilica Superiore of San Francesco in Assisi Benedictine complex of S. Croce - Free parking - Via Ponte dei Galli snc Comfortable clothing and sports shoes are recommended

#### **RATES 2025**

Individual admission: Adults 6€ - Reduced (6-18 years) 3€ - Free FAI member

Group (min 15 pax): Adults 4€ - Reduced (6-18 years) 3€

Guided tour by reservation (min 15 pax): Adults 12€ - FAI and reduced price (6-18 years) 6€

Guided tour in language contact the property for a quote

On Sundays GUIDED TOUR WITH THE DIRECTOR—departure at 11:00 from the Square of the Basilica Superiore of San Francesco

Easter in the forest - 21 April, Treasure Hunt 10:00-18:00

Botanical treasure hunt for families and at the end spring music in the garden of Santa Croce.

#### Picnic among the olive trees - 25 April and 1 May at 11:30

A guided walk in the olive groves with the possibility of picnicking in the meadows.



#### **Botany in the city** - 4 May

A walk with Prof. Aldo Ranfa and the art historian Monica Lupparelli to discover a nature resilient and courageous plant capable of finding space and life even in the most unlikely crevices and hidden. Strolling around Assisi you will discover how its beauty has inspired artists and craftsmen who immortalized it on the city monuments.

#### Walk for biodiversity - The fantastic world of bees - 18 May, 11:00

On the occasion of World Biodiversity Day we propose a walk with the agronomist Erica Bernasconi, who will dedicate some stops along the way to telling anecdotes and special features of the world of bees.

#### Forest Festival - June 1, 10:00-18:30

Ten woods, ten different and fascinating stories. Each forest will be the theater of activities for families, days dedicated to the discovery of a secret world populated by rare and mysterious animals and plant species. In cooperation with Umbria region.

#### European Day of Archaeology - 15 June, 10:00-18:00

Guided walks and workshops to discover the archaeological excavations of the Bosco di San Francesco that have so much to tell.

#### **SUMMER EVENINGS**

#### Women's literature - Women and nature - 21 June, 21:00

A literary journey in the suggestive setting of the Santa Croce garden.

#### Concert of the goodnight - 5 July, 21:00

The "goodnight concert" is a special event that includes listening in relaxation mode, immersed in the nature of Michelangelo Pistoletto's Land Art. An invitation to surrender to the Music with all the senses and, why not, to dream lulled by the sound of musical instruments. Bring plaid and cushion.

#### Bat night - July 19, 21:00

An evening entirely dedicated to the friends bats in the company of expert zoologists: under the starry vault, we will study their movements and flight. The hunt will be aimed only at learning to love and respect them, forgetting every ancestral fear, by the Studio Naturalistico Hyla.

#### Astronomers for a night - 9 August and 16 August, 21:00

After an introductory lecture on the astronomical phenomenon of the Perseids, typical of mid-August, in the garden of the Benedictine convent of Santa Croce, will follow the actual observations in the clearing of the Third Paradise. In collaboration with the Association "StarLight, a planetarium... between your fingers".

#### Night creatures - August 23, 21:00

The forest at night comes alive and is populated by mysterious creatures. We will silently go in search of their traces and other signs of their presence: badgers, wolves, owls, moths and fireflies will be many of the protagonists of our evening. In the company of a Naturalist, we will begin a journey into the mystery and in the darkness of the night.

#### Day of the panorama - 7 September, 10:00

Eleventh edition of the "Panorama Day", organized by FAI and Fondazione Zegna in some the most suggestive landscapes of Italy. Experts will guide you to explore the landscape in which II Bosco di San Francesco is immersed.

#### Wild - 21 September, 10:00-18:00

A day dedicated to the knowledge of the "untamed" plant and animal worlds through workshops, guides, stories and games offered by passionate experts in the natural setting of II Bosco di San Francesco.

#### Herbs and ancient fruits - 5 October, 10:00-17:00

A day outdoors dedicated to the plants of the Wood with Prof. Aldo Ranfa and the rediscovery of ancient and forgotten fruits with Isabella from the Ragione of the Archeology Arborea Foundation. Walks and Workshops for adults and children.

#### Flavours of autumn - November 2, 11:00-13:00

Four wineries of the territory will make you taste their wines, accompanied by bruschetta with the new oil of Bosco di San Francesco.

#### Christmas at Il Bosco di San Francesco

#### Workshops for children

A series of events at the Complex of Santa Croce dedicated to children who will accompany us to discovering the secrets and beauties of II Bosco di San Francesco, to live the anticipation of Christmas in a warm and festive atmosphere.

#### Aperitif in music - December 8, 11:30

During Christmas time, Il Bosco di San Francesco hosts a special concert in the small Romanesque church of Santa Croce, following there will be an aperitif with mulled wine and traditional sweets to toast together to celebrate the arrival of Christmas.



#### SERVICES AND STORE AT PASSAGGIO DI BETTONA:

#### PHARMACY:

- Via Perugia, 161 (first exit from the main roundabout of the town, next to the church)

#### **BANK:**

#### - BCC SPELLO AND BETTONA:

Piazza del Popolo, 12 Passage of Bettona (PG)

#### PASTRIES / BAR:

- AMBROSIA: Piazza del Popolo, 29 Passage of Bettona (PG) (closed Thursday afternoon and Sunday)
- PASTRY CAFFETTERIA MELA: Via Assisi 37, Passage of Bettona (PG) (Closed on Tuesday)

#### SUPERMARKET:

- CONAD: Via Perugia 137/A, Passaggio di Bettona

#### ITALIAN POST-OFFICE:

- Via Cannara 76 Passage of Bettona (PG) (next to the public gardens)

#### LAUNDRY:

- Once in piazza del popolo, turn left. After the bridge, which is next to the public gardens, continue straight on for about 100 meters on the right you will find the laundry. Open 9.00-13.00 and 16.00-20.00 and Saturday 9.00-12.30 (closed Sunday)

#### SHOPPING CENTERS IN THE SURROUNDING AREA:

SHOPPING CENTRE BASTIA UMBRA: Piazza Luigi Pirandello, 7 Bastia Umbra (PG)

IPERCOOP: Via Valtiera, 181 Collestrada (PG)

GHERLINDA: Via Pierluigi Nervi, 6 Corciano (PG)

QUASAR VILLAGE: Via Aldo Capitini, 8 Corciano (PG)

#### For urgent information you can contact us at the following telephone numbers:

- + 39 075 9869023
- + 39 347 3779804
- + 39 392 4657276
- + 39 392 3024099